

POOL SAFETY

What you should know...

For every child that drowns, 4 more are hospitalized or go to the ER for injuries from nearly drowning



Drowning Deaths in Miami-Dade County:¹

- Drowning is the #1 cause of death for children ages 1 to 4
- Almost 75% occurred in swimming pools
- More than 1 out of 3 cases did not receive CPR until medical help arrived

See other side for safety tips

¹ Miami-Dade Medical Examiners Review, Age 0-4 Drowning 2000-2006



Drowning Prevention Tips

- Pools need an isolating 4-sided fence, at least 4 feet high
- Homes should have at least 3 barriers to the pool, such as child-proof door locks, fencing, and alarms
- While swimming, a supervising adult should be within one arm's reach of a child and ALL attention should be on the child
- During pool parties, always designate a supervising adult and switch the responsibility every 15-20 minutes
- **NEVER** - even for a moment - leave children alone or in the care of another child while in or near water
- Swimming lessons will not provide "drown proofing" for children of any age
- Swimming toys, like water wings and floats, are not life preservers
- Keep a phone and Coast Guard-approved rescue equipment at poolside
- Learn CPR (cardiopulmonary resuscitation)

Resources for Pool Safety

American Red Cross: (305) 644-1200; www.miamiredcross.org

Injury Free Coalition for Kids: (305) 243-3928; www.injuryfree.org

American Academy of Pediatrics: www.aap.org

