

S.I.S.T.A.



Sisters Informing Sisters About Topics on AIDS" (SISTA) is a behavioral intervention developed by African American women and has been tailored to the needs of African-American women who are currently in a heterosexual relationship. This project consist of five once a week two hour session.

Topics discussed are:

Ethnic & Gender Pride

HIV/AIDS Education

Assertiveness Skills

Behavioral Self Management Skills

Coping Skills

For more information, contact Christina Morrow at

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