

ADDICTED !!



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I am hopelessly hooked. What am I to do now? My addiction has become a part of my life with no end in sight. I have tried to talk to trusted friends, but they just do not understand. I think about it more and more the longer my addiction continues. I am afraid my problem will start to interfere with my daily life if it is not brought under control.

The “monkey” is that I am a first time published author. Just thinking about the possibility of being published again causes lightheadedness and flushing. Where will the next story come from and will it be as good as or better than the last one? I have started several stories since my first one, having yet to get the “fix” to satisfy the craving. You may wonder what the big deal is. Let me put some perspective on this addiction. Many of you reading this are either coffee drinkers or cigarette smokers. What happens if you do not feed your habit daily? What is your mental condition about noontime? What about chocolate? These are personal addictions that only affect you alone. When you are published, the whole world knows. My audience is anyone world wide who can read the English language or has access to the internet. There are people who have read my work in countries whose name I can not even pronounce.

When I drive past a bookstore like Borders, I wonder if any of the people coming out of the store have a copy of my story. I have looked at Amazon.com and have seen “Healthy Stories” and my name listed as one of the many fine authors in the book. I noticed that these memories have fed my addiction. My heart rate increases and I perspire. My breathing rate increases, and I start to wonder when the next story line will come to me. I was at another major bookstore this week and was watching the authors with their recently published books talking to their fans. I started thinking about how they must feel when someone purchases a book and requests that they write a short line and sign the

book. Those thoughts started my body trembling. I realized that I needed another story or I would go crazy. I now know that what I really need is a book signing tour.

Knowing that a book signing tour is out of the question, I decided to try the next best solution to satisfy my cravings. I purchased a number of issues of “Healthy Stories” for family and friends and when I give them each a copy, I have my own book signing moment. It is not the same, but these fans are forever.

There is no way to describe the feeling of being published the first time.

Don't forget Healthy Stories is available on Amazon http://www.amazon.com/Healthy-Stories-Sharing-Health-Department/dp/0615206344/ref=sr_1_2?ie=UTF8&s=books&qid=1222980084&sr=1-2

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