

## Taking Care of Your Teeth



- ✓ Brush your teeth **at least two times every day**...after breakfast and before bed.



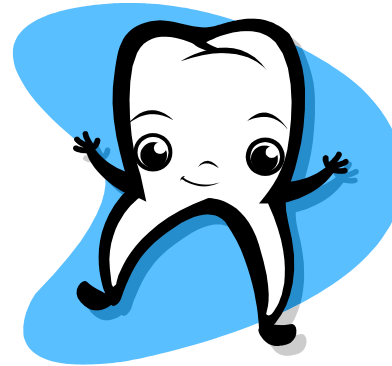
- ✓ Spend **at least three minutes** every time you brush.
- ✓ Even baby teeth can decay so do not let your child **go to sleep with a bottle of milk or juice**.
- ✓ To prevent tooth decay and learn how to take care of your teeth, **visit a dentist two times a year**.
- ✓ Ask your dentist about **sealants**.



### WHAT ELSE YOU SHOULD KNOW

- **If you or your child has Medicaid, call the Medicaid Area 11 Office at 305-499-2100 (English) or 305-499-2111 (Spanish) for more information about making an appointment.**
- **If you or your child has Medicaid and is enrolled with Atlantic Dental, Inc., call 1-888-468-5509 for information or to make an appointment.**

*Healthy Teeth are Happy Teeth!*



Produced by

*Community Voices* Miami

A project of

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with a grant from the Health Foundation of South Florida

## ORAL HEALTH CARE PROVIDERS

in Miami-Dade County



**This listing can help you and your family find a dentist near where you live or work, even if you do not have health or dental insurance.**

**Good oral health is important to your overall health so find a dentist and make an appointment!**

Dental Provider	Address	Telephone	Hours of Operation	How to Make an Appointment	Languages Spoken
<b>Borinquen Health Care Center</b>	3601 Federal Hwy. Miami, FL 33137	305-576-6611 Ext. 525	Mon, Wed, Fri Tue & Thur 8am-5pm 9:30am-6pm	Call for an appointment	English, Spanish, Creole
<b>Camillus Health Concern, Inc.</b>	336 NW 5th Street Miami, FL 33128	305-577-4840 Ext. 106	Mon, Tues, Wed, Thurs 8:30am -4:30pm	Must be a patient of Camillus Health Concern Call for an appointment	English, Spanish, Creole
<b>Doris Ison South Dade Community Health Center</b>	10300 SW 216th Street Miami, FL 33190	305-253-5100	Mon - Fri 8:30am-5pm	Call for an appointment	English, Spanish, Creole, French, Arabic
<b>Everglades Health Center</b>	19300 SW 376th Street Florida City, FL 33034	305-246-4607	Mon, Tues, Thurs, Fri Wed 8:30am-5pm 10:30am-7pm	Must enroll in clinic Call for an appointment	English, Spanish, Creole
<b>Economic Opportunity Family Health Center Jessie Trice</b>	5361 NW 22nd Avenue Miami, FL 33142	305-637-6400 Ext. 15225	Mon, Tues, Wed, Fri Thurs 11am-8pm 8am-5pm Sat 9am-12 noon	Call for an appointment Do accept walk-ins	English, Spanish, Creole
<b>Economic Opportunity Family Health Center Norland Center</b>	18360 NW 7th Avenue Miami, FL 33169	305-694-6270	Tues & Thurs 8am-5pm	Call for an appointment Do accept walk-ins	English, Spanish
<b>Helen B. Bentley Family Health Center</b>	3090 SW 37th Avenue C.Grove, FL 33133	305-447-4950 Ext.317	Mon-Fri 8am-5pm	Must enroll in clinic Call for an appointment	English, Spanish, Creole
<b>Jackson Memorial Hospital</b>	1611 NW 12th Avenue Miami, FL 33136	305-858-6935	Mon-Fri *Only offer tooth extraction 8am-4:30pm	Call Jackson appointment line 305-585-6000	English, Spanish, Creole
<b>Jefferson Reeves Sr. Health Center</b>	1009 NW 5th Avenue Miami, FL 33136	305-577-0093	Mon, Tue, Thurs, Fri Wed 8am-5pm 10am-6pm	Call Jackson appointment line 305-585-6000	English, Spanish
<b>JHS North Dade Health Center</b>	16555 NW 25th Avenue Miami, FL 33179	305-621-8888	Mon-Thurs Fri 8:30am-8pm 8:30am-5pm	Call Jackson appointment line 305-585-6000	English, Spanish, Creole
<b>JHS Penalver Clinic</b>	971 NW 2nd Street Miami, FL 33128	305-545-5180	Mon-Fri 8am-4pm	Call for an appointment Walk-ins, emergencies, and referrals accepted	English, Spanish
<b>Lindsey Hopkins Tech Community Smiles</b>	750 NW 20th Street Miami, FL 33127	305-324-6070	Mon-Fri 7:30am-2:30pm	Call 305-324-6070 ext. 7053	English, Spanish, Creole
<b>Martin Luther King Clinica Campesina</b>	810 W. Mowry Street Homestead, FL 33030	305-242-2005	Mon & Wed Tues & Thurs 8am-7:30pm 10:30am-7pm	Call for an appointment	English, Spanish, Creole
<b>Miami Children's Hospital Toothtown</b>	3100 SW 62nd Avenue Miami, FL 33155	305- 663-8538	Mon-Fri 8am-4pm	Call for appointment Medicaid patients must be referred by ADI	English, Spanish
<b>Miami Beach Community Health Center</b>	710 Alton Road Miami Beach, FL 33139	305-538-8835	Mon-Fri 7am-4pm	Must be referred from primary care physican within Miami Beach Community Health Center	English, Spanish
<b>Miami Dade College</b>	950 NW 20th Street Miami, FL 33127	305-237-4029	Tues & Thurs Wed & Fri 9:30am-4pm 8:30am-12:30pm	Call for an appointment Arrive before 8am to get on walk-in list	English, Spanish, Creole
<b>Naranja Health Center</b>	13805 SW 264th Street Naranja, FL 33030	786-264-5741	Mon, Wed, Fri Tues & Thurs 8:30am-5pm 10:30am-7pm	Accept walk-ins, emergencies, and appointments made by telephone	English, Spanish, Creole
<b>P.E.T. Health Center</b>	615 Collins Avenue Miami Beach, FL 33139	305-535-5540	Mon-Thurs and Fri 8am-12 noon 1pm-4pm	Must enroll in clinic Call for an appointment	English, Spanish, Creole
<b>Robert Morgan Educational Center</b>	18180 SW 122nd Avenue Miami, FL 33177	305-253-9920 Ext. 2231	Mon, Wed, Fri 8am-1pm	Call for an appointment	English, Spanish, Creole
<b>Southside Dental Center</b>	5798 SW 68th Street Miami, FL 33143	305-284-0976	Mon-Fri 8am-5pm	Call for an appointment	English, Spanish, Creole
<b>University of Florida Hialeah Clinic</b>	750 E. 25th Street Hialeah, FL 33013	305-694-5400	Mon, Tue, Wed, Thurs 8:30am-2:30pm	Call for an appointment	English, Spanish

Ask what documents (ID, proof of income, proof of address, etc.) you need to bring to your appointment. Ask about your payment options.